

ASFAA NEWSLETTER

Asiania Sport For All Association

NO.12009









■ Greeting Message







The year 2009 is the first year for the new ASFAA Board of Directors to assume their responsibilities. At the 26th ASFAA Board Meeting held in Macau, China in March, 2009, the development of sport for all in the Asia and Oceania region was discussed and the ASFAA Training Centre was set up in Macau, which will serve as a platform for exchanging experiences among different countries and regions.

The 11th ASFAA Congress, with the theme of "Life is Movement" will be held in Israel in March, 2010. The Congress will be a good opportunity for all of us to share our experience and exchange our views on sport for all in the Asia and Oceania region.

On this occasion, I would like to express our warm welcome to all the members to Israel for the ASFAA Congress in 2010 and share with us your valuable comments on the development of sport for all in the Asia and Oceania region.

Looking forward to seeing you in Israel in 2010!

ASFAA's Work Plan in 2009	IN THIS ISSUE	
Asiania Sport For All Association (ASFAA) Development Outline for 2009-2012	Greeting Message	2
The 10th ASFAA Congress in Busan	· ASFAA's Work Plan in 2009	3
 The 26th ASFAA Board Meeting held in Macau	· Asiania Sport For All Association (ASFAA) Development Outline for 2009-2012	4
 Inaugural National Fitness Day highlights Beijing Olympics 1st anniversary Mecca of citizen health in Busan - SABA 25th founding anniversary SABA acquires management authority for new branch-Haeundae Center for health promotion open on 18th, May, 2009 The 30th Athletic meeting for Senior Group Association Zhejiang Sports Administration Visited SABA Participation in "Sport And Mind" programs in India. Military Sport Association in Qatar held Physical Fitness Programme Story of Sport & Culture for All in India. One million more Australians into physical activity Sixth Family Walking in Iran. Singapores First Suburban Race. 18 	· The 10th ASFAA Congress in Busan	7
 Mecca of citizen health in Busan - SABA 25th founding anniversary SABA acquires management authority for new branch-Haeundae Center for health promotion open on 18th, May, 2009 The 30th Athletic meeting for Senior Group Association Zhejiang Sports Administration Visited SABA Participation in "Sport And Mind" programs in India. Military Sport Association in Qatar held Physical Fitness Programme Story of Sport & Culture for All in India. One million more Australians into physical activity Sixth Family Walking in Iran Singapores First Suburban Race 18 	· The 26th ASFAA Board Meeting held in Macau	8
 SABA acquires management authority for new branch-Haeundae Center for health promotion open on 18th, May, 2009 The 30th Athletic meeting for Senior Group Association Zhejiang Sports Administration Visited SABA Participation in "Sport And Mind" programs in India. Military Sport Association in Qatar held Physical Fitness Programme Story of Sport & Culture for All in India. One million more Australians into physical activity Sixth Family Walking in Iran. Singapores First Suburban Race. 18 	· Inaugural National Fitness Day highlights Beijing Olympics 1st anniversary	9
 The 30th Athletic meeting for Senior Group Association	· Mecca of citizen health in Busan - SABA 25th founding anniversary	10
 Zhejiang Sports Administration Visited SABA Participation in "Sport And Mind" programs in India. Military Sport Association in Qatar held Physical Fitness Programme Story of Sport & Culture for All in India. One million more Australians into physical activity Sixth Family Walking in Iran. Singapores First Suburban Race. 	· SABA acquires management authority for new branch-Haeundae Center for health promotion open on 18th, May, 2009	10
 Participation in "Sport And Mind" programs in India. Military Sport Association in Qatar held Physical Fitness Programme. Story of Sport & Culture for All in India. One million more Australians into physical activity Sixth Family Walking in Iran. Singapores First Suburban Race. 	· The 30th Athletic meeting for Senior Group Association	11
 Military Sport Association in Qatar held Physical Fitness Programme Story of Sport & Culture for All in India One million more Australians into physical activity Sixth Family Walking in Iran Singapores First Suburban Race 18 	· Zhejiang Sports Administration Visited SABA	12
 Story of Sport & Culture for All in India. One million more Australians into physical activity Sixth Family Walking in Iran. Singapores First Suburban Race. 	· Participation in "Sport And Mind" programs in India.	13
 One million more Australians into physical activity Sixth Family Walking in Iran Singapores First Suburban Race 	· Military Sport Association in Qatar held Physical Fitness Programme	13
Sixth Family Walking in Iran	· Story of Sport & Culture for All in India.	14
· Singapores First Suburban Race	· One million more Australians into physical activity	16
	· Sixth Family Walking in Iran	17
· ASFAA Chronology		
	· ASFAA Chronology	19



ASFAA's Work Plan in 2009

I. International Conferences

(I) The 26th ASFAA Board Meeting in Macau

the 26th ASFAA Board Meeting will be held on March 18th-19th, 2009, in Macau, China. The following issues will be discussed in the Board Meeting:

- 1. The Board directors present their work reports;
- 2. Discuss the changes of the Statute;
- 3. Discuss ASFAA's work plan in 2009;
- 4. Israeli member introduces the preparations for the Congress in 2010.

(II)The 21st TAFISA World Congress in Chinese Taipei

II. Visits

Within this year, President Feng Jianzhong will visit Israel and have a meeting with Hargay, new ASFAA Secretary General. During his stay in Israel, Mr. Feng Jianzhong will inspect the preparations for the Congress in 2010.

III. Other Activities (to be discussed in the Board Meeting in Macau)

Actively promote and take part in TAFISA activities.

IV. ASFAA Secretariat's Daily Work

- (I) ASFAA secretariat carries out the decisions of various meetings and urges directors to fulfill their works.
- (II) ASFAA secretariat strengthens its communication with ASFAA Secretary General, handles the etters between President and directors, and keeps focus on the works entrusted by ASFAA President and Secretary General.
- (III) Collect membership fees and update members' informatoin.
- (IV) Edit and publish ASFAA Newsletter and ASFAA Journal in 2009 and maintain and upgrade ASFAA official website.
- (V) Standardize ASFAA secretariat's work procedures, improve its mechanism, make office things with the same signs, and equip with necessary office facilities.



Asiania Sport For All Association (ASFAA) Development Outline for 2009-2012

This outline is drawn up on the basis of the ASFAA Statute to regulate the development of the Association and promote the exchanges in the field of sport for all in the Asia and Oceania region, aiming at expanding the overall influence of the Association.

I Objectives and Tasks

- To improve the institutional structure and regulate the internal management. A "post-responsibility" working mechanism shall be set up and the responsibilities for each Board of Director shall be defined, so that they are regulated to carry out respective responsibilities related to their post.
- 2. To attract more membership from different channels and expand the scale and influence of ASFAA, enhance the relationship with sports organizations in various countries/regions and international sports organizations such as TAFISA and IOC, etc.
- 3. To make more efforts to explore and create brands of regional sport for all events and promote the development of sport for all activities in Asia and Oceania region.
- 4. To establish the academic research base and management training base at appropriate time to promote international exchanges on theoretical findings and management experiences.
- 5. To gradually promote the marketing and brand value of ASFAA itself, seeking to form a sustainable development model and sharing win-win relationship with cooperative partners.
- 6. To strengthen the cooperation between ASFAA and media, increase the media coverage over ASFAA and provide a platform of information exchange among different countries/ regions.

II Actions and Measures

To set up working mechanism with President as the leadership core, Board of Directors as the responsibility carriers in different posts and Secretariat as the coordinators.



- 7. To encourage all the Board of Directors to play more active role in the Association development, each Director shall be defined with responsibilities for specific working areas according to the post requirements and the personal capacities. He/She is requested to submit report or provide information on sport for all development in his/her own country/region. In the meantime, the Directors are also responsible for coordinating with surrounding countries/regions to participate in the activities promoted by the ASFAA. By clarifying the responsibilities and strengthening cooperation, a scientific management model will be formed which brings higher efficiency and smooth operation of the Association.
- 8. On one side, we shall encourage the various sport for all organizations, especially national and regional organizations to join in the ASFAA. On the other side, we shall enhance cooperation with governmental sport organizations and further strengthen the exchange with international and continental sport for all organizations. Following this way, the influence of the Association shall be expanded both at the governmental and worldwide level.
- 9. To regulate the coordinated development of various sport for all activities.
 - Among the activities with large influence coverage and scale, a series of brand shall be recognized and further promoted. We shall make full advantage of the major cities in promoting the fitness building methods and the traditional sports especially those with characteristics of ethnic groups. While taking an active part in the international sport for all activities such as International Challenge Day and World Walking Day promoted by TAFISA, we shall create new programs with our regional features and promote the brand of influential activities of our own.
- 10. To set up academic research base and management training base at a suitable time and suitable place.
 - 3-5 qualified universities and institutions shall be selected as the academic research base and study on the hot topic in the field of sport



for all and the issues of common concerns. The periodic reports on academic findings shall be publicized for the members' reference and seminars organized for the information exchanges among members. The member with high capacity and interest in hosting the ASFAA events shall be selected as the management training base, which serves as a platform to exchange management experiences and cultivate talented leaders in sport for all. It is hoped that the above measures will help upgrade the level of academic research and management in the field of sport for all in Asia and Oceania region.

11. To increase the popularity of the ASFAA name brand by organizing influential events and attract more sponsorship and partnership from the international and regional well-known enterprises.

Through marketing and sponsorship, the enterprises will benefit with increasing value of product brand and ASFAA will benefit with further promotion of sport for all in this region with the resources generated from these enterprises. Therefore, a long-term cooperation mechanism of mutual benefit between ASFAA and the enterprises will be formed.

12. To put more efforts to strengthen the media promotion and create a favorable environment of public opinions.

The ASFAA Newsletter and ASFAA Journal will continue to edit and publish regularly. The official website will be updated with profound content and varied forms. By establishing a press committee within ASFAA, the cooperation with media of various countries/regions will be reinforced. The website will provide with database of information and practice of different countries/regions.and members will learn from each other and draw upon various experiences.

13. This Outline will be developed under the leadership of President and by the Board of Directors and the Secretariat, who takes charge of the implementation of the Outline. Each ASFAA member is requested to work out its own plans according to its different feature.



THE 10TH ASFAA CONGRESS IN BUSAN

The 10th ASFAA Congress as well as the 18th ASFAA General Assembly and the 25th ASFAA Board Meeting, was held in Busan, Korea from September 28 to October 1, 2008. The 10th ASFAA Congress was hosted by ASFAA and organized by the Organizing Committee of the 4th Busan TAFISA World Sport for All Games, with the theme of "Health, Education and Culture through Physical Activity and Games". 69 delegates from 20 countries/regions and nearly 300 delegates from Korea participated in this Congress, with representatives from IOC, WHO, TAFISA, the Busan municipal government and Pan American Sport for All Association attending the opening ceremony.

The opening ceremony of this Congress was held in the afternoon of September 28. President Feng delivered a speech. On behalf of ASFAA, he expressed his warm congratulations for convening the Congress. Mr. Feng said, "With the 2008 Olympic Games held in Beijing, the Sport for All Games is another sport gala held in Asia this year. It will be a platform to showcase various traditional sports in Asia and to further strengthen exchanges in the field of traditional sports among different countries and regions."

Within the three days, experts from 17 countries/regions made speeches reaching 38 person-time and carried on seminars around 5 sub-themes.

During the Congress, ASFAA also held two Board Meetings and the General Assembly on September 28 and 30. 11 Board of Directors (with 1 apology) were present in the two Board Meetings and more than 30 delegates from 15 countries/regions attended the General Assembly. The new Board of Directors was elected. The Secretary General Report and the ASFAA Development Outline were approved. The revision of the Statute, the recruitment of new membership and the new Post and Responsibilities of ASFAA Board of Directors were discussed. The 2007 Lifetime Achievement Award was presented. And some information for the next Board Meeting and General Assembly was reported.



The 26th ASFAA Board Meeting held in Macau

The 26th ASFAA Board Meeting was held in Macau, China from March 18 to 19, 2009. 13 delegates were present at this meeting, including Mr. Feng Jianzhong(China), President of ASFAA, Mr. Sarjit Singh(Malaysia), Vice President of ASFAA, Hon. Brian Dixon (Australia), Vice President of ASFAA, Mr. Herzel Hagay (Israel), Secretary General of ASFAA, Mr. Liu Guoyong (China), Treasurer of ASFAA, Dr. Yasuo Yamaguchi (Japan), Dr. Min-Soo Kim (Korea), Ms.



Mitra Rouhi Dehkordi (Iran), Mr. Thomas Cheng-Wei Tsai (Chinese Taipei), Mr. Vang Iao Lek (Macau, China), Board of Directors, Mr.A.K.Saha (India), Commissioner, Dr. Ju Ho Chang(Korea), Honorable President of ASFAA and Mr. Kang-Too Lee(Korea), Honorable Member of ASFAA. Dr. Shang-Hi Rhee, President of TAFISA, and Mr. Wolfgang Baumann, Secretary General of TAFISA, were invited to attend this meeting and participate in discussion.

This is the first Board Meeting after the 10th ASFAA Congress in Busan, Korea. The President Mr. Feng chaired the meeting. Board of Directors made work reports on their respective responsibilities. The revision of the Statute, the recruitment of new membership, the Work Plan for 2009 and the preparation for the 2010 ASFAA Congress in Israel were discussed and much consensus was achieved.



The delegates also visited the ASFAA Training Centre to be constructed by the Macau Sport Development Board, took part in some sport for all activities and attended the Opening Ceremony of the exhibition: "Experience The Olympics - Beyond the dream".





Inaugural National Fitness Day highlights Beijing Olympics 1st anniversary

The inauguration of the National Fitness Day highlighted the first anniversary of the Beijing Olympics on Aug. 8, 2009.

At a ceremony in the Water Cube Aquatic Center, symbol of the Beijing Olympics, Liu Peng, the Minister for the General Administration of Sport and the President of the Chinese Olympic Committee, said," The establishment of Aug. 8 as the National Fitness Day reflects the



government's concern over the life and fortune of the people, and it is the best marking of the most eye-catching Olympic Games in Beijing."

"The launch of the National Fitness Day is also a vivid reflection of the legacy that the Beijing Olympics has left for the people and the society," said Liu. "It is an important step to further improve people's health and a great power to enhance the Chinese sports."

Addressing the ceremony, Beijing Mayor Guo Jinlong called on all Beijing residents to join the national fitness program in a bid to make more contributions to the building of "People's Beijing, Scientific Beijing and Green Beijing".

Also on the occasion, Xu Haifeng, a sharp shooter who claimed the first-ever Olympic gold medal for China in 1984, proposed all the Chinese people to take physical exercise at least one hour per day from now on.

The ceremony was also attended by International Olympic Committee (IOC) Press Commission chief Kevan Gosper, IOC Olympic Games Executive Director Gilbert Felli and former IOC Coordination Commission chairman Hein Verbruggen.

In the morning, the Olympic area in Beijing also witnessed more than 34,000 people from all walks of life performing Taijiquan, or martial arts shadow boxing, which set a Guinness world record for the largest martial arts exercise.

On Aug. 8, a wide range of celebrations were held around the country to mark the first anniversary of the Beijing Olympics and the inauguration of the National Fitness Day.



Mecca of citizen health in Busan - SABA 25th founding anniversary -

Sport for All Busan Association invited 300 eminent people from various circles. One is a vice mayor for political affairs of Busan and others are representatives of citizens' groups for the SABA's 25th founding anniversary.

Under the slogan of "Sporting Bodies, Bright Hearts, Cheerful Society" SABA has contributed to the revival of physical activities, improvement of public welfare, physical and mental training of the citizens, and form communities in Busan. There used to be a lack of understanding for sports and exercise facilities since 1984.



Some 1,800,000 citizens visit the SABA in a year to improve their physical strength and revitalize their energy. SABA will make sincere efforts to become the new SABA everyday and promise healthy life to citizens following what we did in the last 25 years.

SABA acquires management authority for new branch. Haeundae Center for health promotion open on 18th, May, 2009.

This year marks the 25th anniversary of the SABA, which is going to manage the Haeundae Center for health promotion entrusted by Busan city since June, 2009.

SABA received the best marks from Busan city because SABA has special and various sports programs, and internationalization movements for sport for all. Therefore, many visitors from various cities and countries want to come and benchmark SABA.



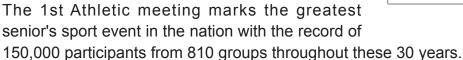
From now on, with experiences in management, specialized and exclusive programs, SABA, as a guard of citizens' health, will do its best for citizens to keep themselves healthy.



The 30th Athletic meeting for Senior Group Association

The 1st Athletic meeting for Senior Group Association was held in 1979 for the first time in the nation under the martial law in order to awaken the importance of physical activities and necessity of health exercise of the senior.

In 1984, the hosting institution was changed from BUSAN YMCA to SABA in 1984.





In memory of the family day on May, SABA hosted the Athletic Meeting Senior Group Association in order to form the communities, share friendship and promote an atmosphere of respect for seniors as many senior organizations got together for various competitions.

Mayor of Busan Huh Nam-Sik, President of SABA Rhee Shang- Hi, President of Busan of Korea Senior Association Jeon Hae-Soo and over 5,000 people from many senior groups and senior university students took part in the Athletic Meeting for Senior Group Association. The 30th athletic meeting was held at the Gudek Gymnasium on June 3, 2009 from 10 o'clock in the morning.

Before the 30th Athletic meeting started, there were the first events: the exercise performance of seniors for health by using bands and the performance of police band. After then, participating groups entered the sports ground, and the opening ceremony was held. From 11 am, after participating groups had games and competitions, a singer invited in the athletic meeting gave special performances.

Each participating team consisted of 20 seniors over the age of 60 from Senior University, Branch of United Senior Association, and Welfare Hall from each district community.

There are many group competitions and group performances which can show their skilled talent for long time as the Korean traditional percussion quartet, instrumental music of peasants, living gymnastics, sports dance, Korean traditional dance, a dance with a Korean fan, healthy gymnastics etc. The athletic meeting provided the attendance with the good opportunities that they could share smile, health and friendship with another people so that they could enjoy without thinking "I am an old person"



Zhejiang Sports Administration Visited SABA

Zhejiang Sports Administration of China visited SABA to revitalize sport for all movements through international relationship each other since 2001 by an agreement.

Zhejiang Sports Administration visited the 2 branches of SABA and Busan Exercise Facilities for citizens. They are interested in various



programs of SABA and how to manage the organization.

In order to discuss improvement sport for all in quality, Zhejiang Sports Administration had the meeting with SABA and Busan Exercise Facilities for citizens to make use of the opportunities for broadening international relationship.

In addition, Zhejiang Sports Administration had a good chance to understand the culture and history of Korean tradition through visiting historical ruins and tourist attractions of Busan, Gyeongju and Seoul city for the period of visit.

After visiting SABA, the delegation led by the Vice Governor of the People's Government of Zhejiang will visit Busan sport administration on September 2009. SABA also will participate in 6 marathoners in the 2009 Hangzhou International Marathon on November.



Participation in "Sport And Mind" programs in India

Vice President of SABA, Oh Dong Sug with 8 members visited Delhi, India to participate in "Sport And Mind" hosted by India Association of Sports for All from 25th June for 10 days 8 nights.

"Sport And Mind" program hosted at 4 schools located in Delhi, India invited over 200 teachers and students to inform "How important the exercise and physical activities are for improvement of emotion and leadership in kids."



SABA delegation introduced the various programs for kids as well as showed them Korean Traditional Martial Arts and music performances to revitalize international relationship each other.

Military Sport Association in Qatar held Physical Fitness Programme

The Qatar Military Sport Association organized physical fitness programme at the physical fitness centre of the Marine Forces on July 30, 2009.

The programme came to light after the directions from HE Chief of Staff.



The event aims at raising the level of physical fitness of the Qatar Armed Forces as lieutenant colonel Younis Ahmad Mohammad, supervisor of the program, stressed the importance of raising the level of fitness and adopting healthy life style.



Story of Sport & Culture for All in India

Report of International Workshop held in Delhi to orient Primary school teachers that how Physical activity and games are helpful in teaching allied subjects in the class room and develop Sport for All.

All India Association of sport for All (AIASFA) and JanGyanodaya initiated further very deep to involve Indians in Sport for All meaning fully in day to day life to get healthy citizen which is in crises.

Then project framed by the AIASFA at Delhi to orient primary school teachers and inculcate Sport for All in grass root level.

This project executed among 137 children of 3 yrs. to 15 yrs. from Downtrodden, lower middle class and a few upper class families. The programme started in the summer camp to develop Indian indigenous traditional games for all. This continued for one month 27 days in the University of Delhi Premises overcoming all the crises effecting through scotching summer of North water crises and opposition of a few elite behaviour professors of course which dominated by wide support of eminent professors and their families for fetching a grand success to the camp.

Jan Gyanodaya excel to involve maximum children and in the camp most of the children never played well skilled games under qualified sport banner.

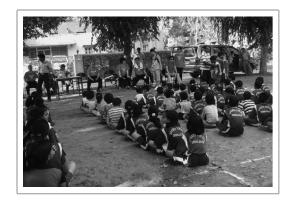
This camp was organized in collaboration with three organization such as Jan Gyanodaya which imparts Education Culture and sports every day to the migrant labourers children and women, then University of Delhi Social Work Co-ed School, Maurice Nagar provided ground and manual organisation and All India Association of Sport For All provided free skilled coaching and other necessary help.

The children were provided uniform and shoes (shoes to the very needy children









sponsored by Action Shoes) and regular refreshment to energise them per head Rs. 10/-.

Thereafter AIASFA took special a special opportunity for inviting Sport for All Busan Association, Republic of Korea where 4000 members appear for sports and cultural activities every day.

The South Korean delegation participated with the veteran guidance of Prof. Ju Ho Chang, Member International Olympic Committee, Sport for All Commission.

The Korean delegation reached on 25th and Programme worked out from 26th June to 3rd July, 2009 424 teachers first time under the banner of Sport For All.

In Kulachi Hansraj school with 200 teachers, Ryan International School with 97 teachers, DAV Public School with 60 and DLF Public School, Ghaziabad with 67 teachers.

Then the whole delegation of 9 members visited Rajasthan and Agra loved Taj and Indian food.

The Korean delegation lead by Mr. Oh Dong Sug and Prof. Kim Min Soo.



One million more Australians into physical activity

The number of Australians taking part in regular physical activity increased by one million last year from the 2007 total, according to the Exercise, Recreation and Sport Survey (ERASS) report, released recently.



Minister for Sport and Youth the Hon Kate Ellis said the latest ERASS findings showed an estimated 8.2 million

Australians (almost half of the report's estimated population) aged 15 years and over were active at least three times a week, a rise from 7.1 million (43 per cent) in 2007.

Ms Ellis said that the number of Australians exercising regularly had risen by 12 percentage points since the annual study started in 2001.

'It's encouraging to see more Australians involved in sport and physical activity. These findings show regular participation increased from 37 per cent in 2001 to 49 per cent in 2008, a jump of 12 percentage points.

'This tells us we are gradually heading in the right direction, but these numbers have to improve further if Australia is to realise the health benefits of being a more active nation.

'The Australian Government is committed to improving participation levels through a number of broad and inclusive programs including Indigenous people, women, juniors, sporting clubs and people with a disability,' said Ms Ellis.

The ERASS study found females were more likely to be involved in regular physical activity, registering 51 per cent compared with 47 per cent of males. However men were more likely to be active for longer periods.

Australia's most popular sports and physical activities included aerobics/fitness, golf, outdoor football (soccer), netball, tennis, touch football, basketball, Australian Football, swimming and outdoor cricket.

The Exercise, Recreation and Sport Survey, a joint initiative of the Australian Sports Commission and state/territory sport and recreation departments, collects information on the frequency, duration, nature and type of activities that are participated in by persons aged 15 years and over for exercise, recreation and sport, excluding coaching, refereeing and being a spectator.



Sixth Family Walking in Iran

On May 22, 2009, the sixth Family Walking in Tabriz of Iran was held with presence of 320 thousand walking lovers in El Goli Park. Many officials of government took part in this great sport event including, Mr. Hesam, Vice-president of Iran Physical Education Organization, Mr. Heidari, President of Iran Sport for All Federation(ISFAF), Mr. Fakhari, President of physical Education Department of East Azarbayejan and Governor of East Azarbayejan. Mr. Heidari indicated in the sixth Family walking in Tabriz that freshness and activity must be one of the main factor of life. According to public relations of ISFAF, Mr. Heidari said: the family walking in Tabriz was for anniversary of Khoramshahr liberty. On the occasion of anniversary of Khoramshahr liberty, ISFAF recommended to all provinces to hold family walking so they were encountering the great gatherings of sports lovers with 250/000 participations in Kermanshah and over 800/000 participations in Hamedan and also in the other cities. It is indicative of creative culture in Iran society. He specified that whenever a society enjoys activity and freshness, it does routine activities with double power and it brings progress and health for society. Mr. Heidari said he hoped one day all Iranian people participate in family walking with a healthy body and high spirit. In the end Mr. Heidari thanked all officials throughout the country for conducting the family walking. Simultaneously, Hamedan, Malayer, Nahavand, Toyserkan, AsadAbad, Kabotarahang, Razan and Bahar conducted family walking on Friday on May 22, 2009, with about 800/000 sports lovers. In the end of this gathering the Government provided financial support in the form of cash rewards, prizes and sports clothing and one auto set.



Singapores First Suburban Race

The Suburban @ North East Run 2009, the first of its kind in Singapore, was a huge success. This was because of its main objectives. Aside from advocating a healthy lifestyle, the event also provided help for the needy and promoted environmental awareness.



Participants were all encouraged to bring along packets of rice, milk tin cans as well as bottles of cooking oil which will be collected for

needy residents in the North East CDC."All these items collected can really make a difference to someone who has lost his job and needs to feed his family. It is also a good opportunity for me to spend time with my daughter, who's usually busy" said 63-year old Mr. Lee, who was participating in this run with his daughter.

In addition to helping the needy, environmental awareness was also another key objective. There was even a special appearance by the Enviro-buzz, a joint collaboration between the Northeast CDC and the NEA (National Environmental Agency) who co-sponsored the event.

The run, with 3200 participants in total featured varying running distances ranging from 2km to 10km. However, unlike past runs, a unique feature of the race was the different categories that the participants could take part in. To forge greater community bonding, new pair combinations have been introduced such as siblings, couple, friends and even neighbor pairings.

Aside from the competitive races, the Suburban @ North East Run 2009 proved to be a truly heartwarming sight. Scenes of parents encouraging their children on during the race are touching. The race brought out the true affection and love that partners had for each other and it was really moving to see them cheering each other on after such a long and arduous journey.

Miss Ke Rui, a female participant after the prize presentation ceremony had some comments to share, "I really enjoyed the run together with my friends! This event was really well-organized, logistics and all" she said.

Careful planning was evidently true as volunteers and organizers alike were well located throughout the entire 10km track to provide ample water points as well as to cheer the runners on.

In a nutshell, the success of this well-organized event not only stemmed from the various objectives that were achieved, but also from the encouragement and care shown by all the participants. In a way, it reflects the saying whereby tough times bring out the best within people.



ASFAA CHRONOLOGY

1996	Apr.22 Dec.10 Dec.11 Dec.12	The 8th ASFAA Board Meeting The 2nd World Festival of Traditional Sports &Game The 9th ASFAA Board Meeting The 6th ASFAA General Assembly (The 4th ASFAA Congress Scientific Symposium)	Seoul/Korea es Bangkok/Thailand
1997	Nov.15-20 Nov.18 Nov.19	*The 15th TAFISA Congress The 10th ASFAA Board Meeting The 7th ASFAA General Assembly	Penang/Malaysia
1998	Dec.8 Dec.9	The 5th ASFAA Congress The 11th TAFISA Game Festival The 11th ASFAA Board Meeting The 8th ASFAA General Assembly	Dandenong/Australia
1999	Nov.20-25 Nov.22 Nov.24	*The 16th TAFISA Congress The 12th&13th ASFAA Board Meeting The 9th ASFAA General Assembly	Limassol/Cyprus
2000	Jul.11-14 Jul.12 Jul.13	The 6th ASFAA Congress The 14th ASFAA Board Meeting The 10th ASFAA General Assembly	Busan/Korea
2001	Oct.27-31 Oct.28 Oct.29	*The 17th TAFISA Congress The 15th ASFAA Board Meeting The 11th ASFAA General Assembly	Cape Town/South Africa
2002	Sep.8-12 Sep.9 Sep.9	The 7th ASFAA Congress The 16th ASFAA Board Meeting The 12th ASFAA General Assembly	Beijing/China
2003	Sep.29-Oct.2 Sep.28 Sep.28 Dec.6-9	*The 18th TAFISA Congress The 17th ASFAA Board Meeting The 13th ASFAA General Assembly The 18th ASFAA Board Meeting	Munich/Germany Manila/Philippines
2004	Sep.3-7 Sep.6 Sep.6	The 8th ASFAA Congress The 19th ASFAA Board Meeting The 14th ASFAA General Assembly	Taipei/Chinese Taipei
2005	Mar.30-Apr.2 Sep.15-20 Sep.18 Sep.18	The 20th ASFAA Board Meeting *The 19th TAFISA Congress The 21st ASFAA Board Meeting The 15th ASFAA General Assembly	Busan/Korea Warsaw/Poland
2006	Mar.11-15 Mar.11-15 Nov.25-28 Nov.28 Nov.28	TAFISA Busan Conference The 22nd ASFAA Board Meeting The 9th ASFAA Sport for All Congress 16th ASFAA General Assembly 23rd ASFAA Board Meeting	Busan/Korea Manila/Philippines
2007	Sep.25 Sep.26	24th ASFAA Board Meeting 17th ASFAA General Assembly	Buenos Aires/Argentina
2008	Sep.29-Oct.1	10th ASFAA Congress 18th ASFAA General Assembly 25th ASFAA Board Meeting	Busan/Korea
2009	Mar 18-19	26th ASFAA Board Meeting	Macau/China

ASFAA BOARD OF DIRECTORS

Mr. Feng Jianzhong President	Vice Minister for the General Administration of Sport Vice President, Chinese Olympic Committee Vice President, All-China Sport Federation 2 Tiyuguan Road, Beijing 100763, China	Tel: 86 10 87182707 Fax:86 10 87182255 E-mail:asfaa@sport.gov.cn
Mr. Sarjit Singh Vice President	Secretary General, Malaysian Leisure and Recreation Council MARFIMA 15 Jalan 4/105, Taman Midah, 56000 Kuala Lumpur Malaysia	Tel: 60 3 91718986 Mobil:60 012 2068034 Fax:60 3 9172 1569 E-mail:sarjit5665@hotmail.com
Mr. Hon. Brian Dixon Vice President	Chairman Life. Be in It International P.O. Box 401, Collins St., West Melbourne, 8700 Victoria, Australia	Tel:61 3 5775 1732 Mobil:61400570600 Fax:61 3 9696 9191 E-mail:brian@lifebeinit.org
Mr. Herzel Hagay Secretary General	Chairman Israeli Sport for All Association 74 Derech Menachen Begin St., Tel Aviv, 67215 Israel	Tel: 972 3 562 1441 Fax: 972 3 562 1625 E-mail:isfa@zahav.net.il
Mr. Liu Guoyong Treasurer	Deputy General Sport for All Department of the General Administration of Sport 2, Tiyuguan Road, Beijing 100763, China	Tel: 86 10 87182498 Fax:86 10 87182255 E-mail:liugy007@hotmail.com
Dr. Min-Soo Kim	Eun-Hang Dong-Bu Apt. 114-204. Chang-Woo Dong 520 Ha-nam Si, Gyoung-Gi Do, Korea	Tel:82 11 1706 7338 Fax:82 51 731 2215 E-mail:kingmsoo@yahoo.co.kr
Dr. Yasuo Yamaguchi	Kobe University Sasakawa Sports Foundation Kaiyo Senpaku Bldg., 1-15-16 Toranomon, Minato-ku, Tokyo 105-0001 Japan	Tel:81 3 3502 8778 Fax:81 33 3580 5968 E-mail:yasuo@main.h.kobe-u.ac.jp
Ms. Mitra Rouhi Dehkordi	Vice President of Sport For All Federation Vali-Asr street, niayesh highway Anghlab Sports Complex Tehran. I. R. IRAN	Tel:98 21 2202 9200 Fax:98 21 6696 7882 E-mail:w_sfa@yahoo.com
Dr. Anita Ghosh	President All India Association of Sports for All E/13-B, Vijaynagar Delhi-110009 India	Tel:82 51 731 2021 Mobil:09811813450 E-mail:anita_ghosh_di@yahoo.com
Mr. Vong lao Lek	President Macau Sport Development Board P.O Box 334-Av. Dr. Rodrigo Rodrigues, s/n°, Forum deMacau, Edif. Complementar Bloco 1, 4°. Andar- Macau	Tel: 853 2851 0426 Fax: 853 2834 3708 E-mail: sport@macau.ctm.net
Mr. Thomas Chengwei Tsai	President Chinese Taipei Olympic Committee No. 20, Chu Lun St., Taipei, Chinese Taipei	Tel:88 6 2 8771 1400 Fax:88 6 2 2777 3803 E-mail:tpe.noc@msa.hinet.net
Mr. A. K. Saha Commissioner	Managing Director Sport For All Association, India 119/IA Harish. Mukherjee Road(70026) Calcutta, India	Tel:91 33 2455 8586 Fax:91 33 2455 8586 Mobil:09332242030 E-mail:aksaakf_98@hotmail.com
Dr. Ju Ho CHANG Honorary President	Raemian Bangbae Evernew 1005 Banbaedong 775-1, Seochku SEOUL	Tel:82 2 59559 035 Fax:82 11 3472 232 E-mail:changjuho@hotmail.com
Dr. Shang-Hi Rhee Honorary President	President of SABA 1127-37, Woo 2-Dong, 612817 Haeundae-Gu, Busan, Korea	Tel: 82 51 7312021 Fax: 82 51 7312215 E-mail: asfaa1991@hotmail.com
Mr. Kang-Too LEE Honorary member	The International Council of Sport For All 88 Bangyi-Dong, Songpa-Gu-Seoul 138-050, Korea	Tel: 82 27 421 8245 Fax: 82 27 421 8213 E-mail: nacosa@sportal.or.kr

