

Asiania Sport For All Association



GATEWAY TO SPORT FOR ALL MOVEMENTS IN ASIA & OCEANIA

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ASFAA Work Plan for 2008

I. 10th ASFAA Congress

Provide assistance to the Busan Organizing Committee in preparation for the ASFAA Congress, the General Assembly, and the Board Meeting held in September, 2008, in Busan, Korea.

II. Revision of the Constitution

Complete the final revision of the Constitution on the basis of proposals from the President and member organizations. Once approved at the ASFAA General Assembly, the revised Constitution will be issued.

III. Activities

- 1. Actively promote Challenge Day.
- 2. Actively promote World Walking Day.
- 3. Participate in the 4th TAFISA World Festival of Traditional Sports.

IV. Publicity Work

- 1. Maintain and update ASFAA official website.
- 2. Edit and publish ASFAA Newsletter.
- 3. Edit and publish ASFAA Journal in 2008.

V. Exchanges

- 1. Strengthen the contact with the National (or Regional) Olympic Committees and government sports organizations, and recruit new members.
- 2. Further enhance the cooperation with TAFISA.



The 4th Busan TAFISA World Sport for All Games as well as the 10th ASFAA Congress and the 6th IOC World Forum on Sports, Education and Culture will be held in Busan in September-October, 2008. On this occasion, I would like, on behalf of the ASFAA, to express our warm congratulations on the convening of these events.

With the 2008 Olympic Games held in Beijing, the Sport for All Games will be another sport gala held in Asia this year. It will be a platform to showcase the various traditional sports in Asia and further strengthen the exchanges in the field of traditional sports among different countries and regions.



Mr. Feng Jianzhong President of ASFAA

During the 4th Busan TAFISA World Sport for All Games, the 10th ASFAA Congress and the 6th IOC World Forum on Sports, Education and Culture will also be held, with the participation of more than 1,000 delegates from 150 countries and regions. They will share their ideas and exchange their views on the physical educational and sport culture. The above events will help enhance the understanding and friendship among people all over the world, especially in the Asia and Oceania region. On behalf of the ASFAA, I would like to express our warm welcome to all the delegates coming afar to Busan for the ASFAA Congress and share with us your valuable comments on the development of sports for all in the Asia and Oceania region.

One World, One Dream. People share the common ideal and unite together under the banner of sport. This year, Asia will see the happy gathering of the Olympic community in Beijing and the exciting get-together of sport for all family in Busan. It is such a great honor for us, as Asian people, to share the honor of hosting these two great events.

Finally, please allow me, on behalf of the ASFAA to express our sincere gratitude to the Organizers and people in Busan who make great efforts to stage these events successfully.

Looking forward to seeing you in Busan!

Mr. Feng Jianzhong President of ASFAA



The 10th ASFAA Congress

Summary

Period: Sep. 28 ~ Oct. 1 [4 days]Place: Busan, Republic of Korea

■ Sponsor: ASFAA (Asiania Sport For All Association)

■ Organizer: The 4th Busan TAFISA World Sport For All Games Organizing Committee

Main Theme

- Health, Education, And Culture Through Physical Activity and Games

■ Sub Themes

- Childhood & Adolescence

- Work Culture & Ethics

- Senior Citizens

- Healthy and Organized Environment of the City

- Nutrition, Games and Next Generation

Program

9. 28(Sun)	9. 29(Mon)	9. 30(Tue)	10. 1(Wed)
RegistrationBoard MeetingOpening CeremonyWelcome Dinne	Academic SessionsWatch the TreX-Games	Academic SessionsGeneral AssemblyWatch the TreX-GamesBoard MeetingFarewell Dinner	•Departure

Venue

Haeundae Grand Hotel







Mr. Feng Jianzhong Visited Germany and France

At the invitation of TAFISA, ASFAA President Feng Jianzhong and his delegation visited TAFISA headquarters in Germany, and were present at the TAFISA Board Meeting in France from May 25th to June 2nd, 2008.

J. The Visit to TAFJSA Headquarters

Mr. Feng Jianzhong visited TAFISA headquarters on May 26th. He met with Mr. Wolfgang Baumann, Secretary General of TAFISA, and Mr. Brian Dixon, Treasurer of TAFISA. Mr. Baumann gave a brief introduction of TAFISA and they exchanged opinions about the cooperation and communication between TAFISA and ASFAA.

Mr. Baumann said that TAFISA has a permanent headquarter with a full-time Secretary General in Frankfurt since 2006. TAFISA is growing constantly with the following three aspects in the past two years.

1. Recruiting More Members

Since the Argentina Congress in October, 2007, TAFISA has recruited 38 new members and received 15 membership applications. At present, TAFISA has a total of 210 member organizations from 125 countries/ regions.

2. Establishing Contact with International Sports, Culture and Science Organizations

TAFISA has signed a cooperation agreement with IOC. As an IOC recognized international sports organization, TAFISA has actively promoted its cooperation with other international sports, culture and health organizations. It has established the mechanism of regular communication and coordination with IOC, UNESCO and WHO.

3. Actively Organizing Various Events

The regular programs of TAFISA include International Challenge Day, World Walking Day, and Festival of Traditional Sports. TAFISA has launched a Certified Leadership Course since last year and regularly holds Certified Leadership Courses worldwide. On Jan. 23rd, 2008, the 3rd TAFISA Certified Leadership Course was held in Chinese Macau. The next Certified Leadership Courses will be held in South Africa and Tanzania. TAFISA has planned to promote the program of Active Cities of the World in near future to carry out the appraisal for the cities, communities and colleges actively promoting sport for all.

During his visit in Germany, Mr. Feng Jianzhong met with Mr. Michael Vesper, Director General of German Olympic Sport Federation. Mr. Vesper expressed his warm welcome to the Chinese delegation, and expressed sympathy to Wenchuan earthquake victims on behalf of Mr. Thomas Bach, President of German Olympic Sport Federation. He appreciated the efforts made in the preparation for the 2008 Beijing Olympic Games, especially in the Olympic venue construction.



On May 27th, Mr. Feng Jianzhong met with Mr. Walther Troger, Chairman of the IOC Sport for All Commission. Mr. Walther made an introduction about the development of sport for all in Germany. There are 90,000 public clubs in Germany, with 1/3 of the population as their members. They use sport facilities in communities and cities at a very low cost or for free. Besides, there are many non-public clubs in Germany which make fitness programmes for target groups.

Mr. Feng Jianzhong also made an introduction about the development of sport for all in China. The Beijing Olympic Games enhanced Chinese people's enthusiasm in sport for all. Moreover, Chinese sports organizations developed the program of Sport for All Goes Hand in Hand with the Olympic Games and held more than 70 nationwide events every year.

JJ. The Visit to France

1. Attending the TAFISA Board Meeting

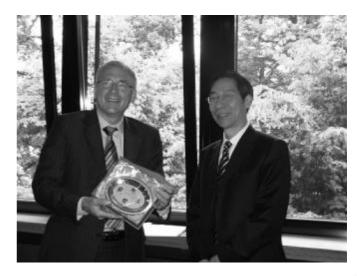
At the invitation of TAFISA, Mr. Feng Jianzhong was present at the TAFISA Board Meeting, and made an introduction about sport for all in Asian-Oceania Region as well as the development of ASFAA. In his speech, he stressed the following characteristics of sport for all in Asian-Oceania Region: more activities and more participants; the coordinated development between the Olympic Games and sport for all; more attention to sport for all paid by more government departments and non-government organizations with the rapid development of economy and people's living standards.

Mr. Joel Raynaud, President of ESFAN, and Mr. Rodolfo Valgoni, President of Pan American Sport for All Association respectively made an introduction about sport for all in their regions. ESFAN was founded in November, 2005 and had 26 member organizations. Pan American Sport for All Association was founded in Argentina on September 27th, 2007 and had 14 member organizations. To attract more members, Pan American Sport for All Association has planned to establish the database of sport for all organizations, and regularly hold workshops and events.

2. Organizing an Informal Meeting

Among totally 12 ASFAA board members, half of them are also TAFISA board members. During his stay for the TAFISA Board Meeting, Mr. Feng Jianzhong hosted an informal ASFAA meetings to discuss about the changes of the statute and the elections, with the presence of Mr. Sarjit Singh, Vice President, Mr. Brian Dixon, Secretary General, Mr. Herzel Hagay, Dr. Thomas Ta Chou Huang, Mr. Liu Guoyong, and officials from Busan Organizing Committee of ASFAA Congress.







The 4th Busan TAFISA World Sport For ALL Games

26.8ep~02.0ct.2008

Summary

Title The 4th Busan TAFISA World Sport for All Games

• Theme Harmony in Tradition and Future for World Peace and Prosperity

Period September 26 to October 2, 2008 (7 days)

• Place Busan, Republic of Korea

· Estimated Participants

- Participating Countries/Regions: 100

- Players • Officials: 10,000 (4,000 from overseas, 6,000 domestic)

- Spectators: 3 Million local citizens and guests



TreX-Games BUSAN 2008

emblem/Mascot

Symbol Marks

Symbolizes the images of the bird (crane)'s wing, also this bird is the symbol of good health and long life. It is, therefore, expressing the tradition and the future harmony with union of human through the TreX-Games. 5 from the center is the symbolizing and indicating the peace of hand which is extending the message of the peace from sports city of Busan.

- · Emblem Concept
 - The image of the bird's wing is the symbol of good health and long life.
 - The peace hand extends the message of peace
 - The one united human harmony with the tradition and the future.
 - The sports paradigm show us the unification through the tradition and the future.



• The 5 Colourful strokes

The symbol of 5 oceans, 6 continents and various kinds of happiness together with festival

Balck the sprit of sports, specificity of festival

Yellow the message of the public prosperity and world wide hope

Red the decision and the passion reborn to the global festival

Green symbol of global equality & combinations

Blues establishing the reliability of the festival and initiating for combining the tradition

and the future



Mascot meaning

Harmonized with natural beauty and art put into the image & motions of the cranes with elegant and traditional rhythm, unique traditional dance with rhythmical movements of the bird. The shape of the particular costume represents and gives the noble effect of man called Hanryang along with the gentlemen's robe and the hat woven with horsehair.

Concept

Dongrae crane dance harmonized with natural beauty and art, estimated its value based on the creativity, extemporaneous and symbolism.

Motive derived from the action of wings of a crane as a symbol of health and long life, also symbolizing a combined stretch of human being where the tradition and future are harmonized.

This dance put the actions into the image and of the crane with elegant and traditional rhythm which harmonized with natural beauty.

The shape of the particular costume represents and gives the noble effect of man called Hanryang along with the gentlemen's robe and the hat woven with horsehair.



Program

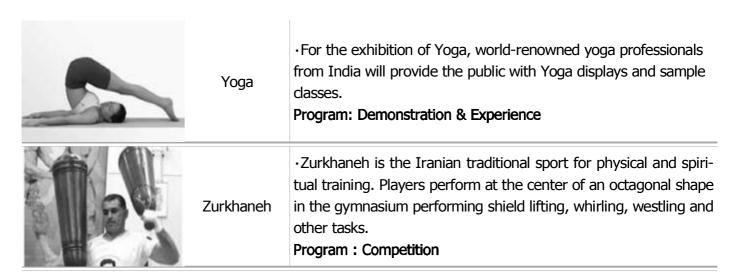
• Traditional Sports

Archery	•Players in their traditional costume will demonstrate tra- ditional archery and participate in an archery competition. Program: Demonstration & Competition
Folk Dance	·A variety of folk dances from around the world will be displayed in one place; teams will be categorized by continent. Program: Demonstration
Gate-ball	·Gate-ball competition will be held by Sport For All members from many countries; it is mainly considered as a sport for the aged. Program: Competition
Gymnastics	•The world's best Danish gymnastic team will present a combination of gymnastics including dance, rhythmical dance, vaulting, tumbling, etc. Program: Demonstration
Kite Flying	·Kite Flying consists of demonstration and competition formats. Both players and general participants are able to enjoy kite flying and kite fighting with diverse kites from all over the world. Program: Demonstration & Competition
Lawn-bowls	•The origin of Lawn-bowls is the United Kingdom and it aims to place a weighted ball as close as possible to the designated target. It is open to both the able and disabled. Program: Competition



7	Martial Arts & Sports	·Martial Arts & Sports showcases traditional martial arts and sports from participating countries along with folk dance performances. Program: Demonstration
	Muay Thai	•Muay Thai is the traditional martial art of Thailand and 600 players from 50 nations are expected to participate in the competition. Program: Competition
	Qigong	·Qigong is the Chinese traditional health-care treatment that disciplines body and soul through breathing and posture exercises. Program: Demonstration & Competition
	Sambo	·Sambo is a form of Russian wrestling that combines several unique martial arts from the former Soviet Union and was recognized as an official sport by the USSR All-Union Sports Committee. The current Pride heavyweight champion Fedor Emelianenko is also the world sambo open weight champion. Program: Competition
	Ssireum & Belt Wrestling	•Ssireum is designed to show the many very different traditional ssireum methods from various countries. Korean ssireum competition will be shown in an exhibition game. Program: Competition
	Tango	•Tango, Argentine traditional dance, is expected to have participants from 40 countries. Program: Demonstration & Competition
	Wushu	·Wushu, a Chinese traditional martial art, requires players toper- for the competition in Chinese traditional costume. Players from 34 countries will participate. Program: Competition





New Sports

• New Sports		
	e-Sports	·Several on-line games will be played competitively e.g. Starcraft, Warcraft, Special Force etc. Program: Competition
	В3	•B3 is a general term for bicycle, skateboard and in-line skating. These new generation sports activists will show various skills on specially-designed structures. Program: Demonstration & Competition
	Motocross	Players riding custom designed motorcycles will display various skills on unpaved roads and artificial surfaces. Program: Demonstration
	Sports Climbing	Players climb specially designed artificial rock walls that are graded by speed or degree of difficulty. Program: Competition

Special Event



World 10Million Walking Day •This worldwide one-day event aims to raise funds for children from all over the world under the patronage of UNICEF.

Event Date: 10 A.M., 28th Sep. 2008

Program: Participation



The 3rd TAFISA Leadership Course in Chinese Macau

O n Jan. 23rd, the 3rd TAFISA Certified Leadership Course was held in Chinese Macau. Mr. Liu Guoyong, Treasurer of ASFAA (also Deputy Director-General of Sport for All Department of General Administration of Sport of China), and Mr. Meng Yazheng, member of ASFAA secretariat took part in the course. Entrusted by Mr. Feng Jianzhong, President of ASFAA, they had a meeting with Mr. Wolfgang Baumann, Secretary General of TAFISA, and Mr. Brian Dixon, Secretary General of ASFAA.

Due to the great hospitality of the Chinese Macau Sport Development Board the third course after Iran and Nigeria took place in the wonderful city of Chinese Macau attracting delegates from 12 countries/regions, including Nepal, Vietnam, Thailand, Malaysia, Philippines and China. On January 22 to 29 a full program of lecturers, workshops etc. was offered and at the end 40 participants passed the final exam and received the TAFISA certificate.

It was interesting to note that more than half of the participants were females. Lectures including Prof. Yamaguchi from Japan and Prof. Kapustin from Germany focused on leadership and management skills in Sport for All. During the official opening ceremony the Secretary for Social Affairs and Culture, Dr. Fernando Chui Sai On, personally welcomed the foreign guests and underlined the significance of the event. Moreover, Acting President Vong Iao Lek from the host organization made it clear that the Course is well in line with the emphasis Macau is putting on the promotion of Sport for All and physical activity.

During the four-day course, the subjects mainly focused on philosophical thinking and political factors in sport for all, volunteerism and target groups in sport for all, sport and health, sport and social capital, the establishment of sport for all development strategy, and the development of international sport for all. The program also included Taiji lessons every morning, sightseeing opportunities and visits of various sport facilities and the Chinese Macau Day of Sport. In short, many participants will come back again because of their enjoyable stay in this beautiful city.



Through the learning and communications among participants, the course provided an opportunity for the countries and regions in East Asia to understand the development of international sport for all, especially sport for all in their regions, learn scientific strategies, and spread advanced sport for all concepts. Meanwhile, the course spread the experiences of promoting the development of sport for all in East Asia.







Nationwide Fitness Activities Celebrating the 100-day Countdown to the Olympics

April, 30th, was the 100-day countdown to the opening ceremony of the Beijing Olympic Games, when the kickoff meeting was grandly held in Beijing. Various splendid celebrations also took place in the six co-host cities of the 2008 Olympic Games like Qingdao, Chinese Hong Kong, and other provinces and cities.



→ Beijing

In the morning of April 30th, the Marathon celebrating the I00-day countdown to the Beijing Olympic Games and 2008 Beijing International Long Distance Running Festival was launched in Beijing Olympic Center. The Beijing International Long Distance Running Festival of this year included two parts: Sport for All marathon relay and a fitness run. About I,000 people participated in the mass marathon relay race, while over I0,000 people took part in the mass running.





→ Qingdao

On April 30th, only 100 days away from the 2008 Beijing Olympic Games, Qingdao, as a co-host city of the Games, organized splendid celebration-"As Nationwide Exercises, Ten Thousand People Walk the Olympics" through the Sailing Committee (Qingdao) of the Beijing Organizing Committee for the Games. Almost representatives from various institutions and minorities cheered for the 2008 Olympics by the means of getting close to nature and mass participation, and advocating healthy living style.



→ Chinese Hong Kong

On April 29th, to celebrate the I00-day countdown to the Beijing Olympic Games, there was a "Domino for Olympics" activity held in Chinese Hong Kong, in which I20 middle school students and nearly one thousand citizens finished domino layout in 3 days. Since being selected into the film for Beijing 2008 Olympic Games Bid in 2000, the "Domino for Olympics" activity which has lasted for 8 years has been held over 20 times respectively in Beijing, Shanghai, Guangzhou, Lhasa, etc. This time it arrived at Chinese Hong Kong on the special day of I00-day countdown, in the hope that the amazing visual effect of Domino can show Chinese people's sincerity of supporting the Beijing Olympics to the whole world.









→ Shanghai

In the evening of April,29th, an evening party welcoming the I00-day countdown of the 2008 Beijing Olympic Games was held in Shanghai Luwan Gymnasium, where people were in high spirits and waving the five-star red flag, the five ring Olympic flag and the Beijing Olympic flag to cheer for the Olympic Games. The volunteers vowed solemnly: we are ready to finish our volunteering work successfully.



→ Tianijin

On April 30th, the 2008 "Walking along with the Olympics, Making I.3 Billion People Healthy" campaign was launched in Tianjin. 10,000 people witnessed this historic moment of "100-day Countdown to the 2008 Games". The walking campaign consisted of three parts: the launching ceremony, ten thousand people walking and live performance. The ten thousand people walking team set off from the Xingchen Plaza of Yinhe Park and walked 4.5 kilometers to advocate and pray for the Olympics.



→ Shenyang

In order to celebrate the IOO-day countdown to the 2008 Games, Shenyang organized a reading and practicing activity with the theme of "Understanding the Olympic Knowledge, We Bring Honor to Our Hometown". The opening ceremony of "Shenyang and the Olympics" also took place in the morning of April, 30th. Many communities of Shenyang have organized old people exercising team and Yangko team to hold small celebrations in parks, rejoicing at the IOO-day countdown by various means.

→ Qimhurangdao

On April 28th, to welcome the the I00-day countdown to the Olympics, the opening ceremony of "Sport for All Goes Hand in Hand with the 2008 Olympic Games" Fitness Festival was grandly held on Qinhuangdao People's Square. Thousands of citizens participated in this festival with various kinds of excellent civil exercising activities. This campaign will last for 6 months, during which there will be lots of citizens' favorite activities such as ping-pong, badminton, in the hope of giving full play to the citizens' enthusiasm to do exercises and send greetings to the Beijing Olympics.





150,000 CHILDREN ACROSS AUSTRALIA GET PHYSICALLY ACTIVE IN THE AASC PROGRAM

ore than 150,000 children are now playing sport, games and activities after school in the Australian Government's safe, fun and structured Active After-school Communities (AASC) program. The Minister for Youth and Sport, Kate Ellis, joined thousands of kids around Australia to celebrate the milestone. 'To have 150,000 kids active, living healthier lifestyles and developing positive physical activity habits is a great achievement,' Ms Ellis said. "Participants are improving their motor skills, making new friends and developing a lifelong love of being physically active."

Ms Ellis said the AASC program had grown from 900 primary schools in Term 2 of 2005 to over 3,200 schools. "The competition for the attention of young people is intense. The growing use of the internet and video games presents a major challenge to get kids off the couch and active. To address the obesity crisis we need to ensure programs, like AASC, encourage more Australian's to develop healthy routines at a young age." Ms Ellis said principals, teachers and after-school care coordinators worked tirelessly to make the program work. "We are seeing some great results, but we are always looking for new ways to encourage more young people to embrace healthy and active lifestyles."



New Game Gets New Zealand Kids More Active

A new game called "Upball" was launched nationwide on 7th April to get children who watch more than two hours of television a day more physically active.

Upball is part of Mission-On, which is a package of initiatives aimed at improving the lifestyles of young New Zealanders by improving their nutrition and getting them more involved in physical activity.

"We have designed Upball for primary-aged children who have become glued to the television. The more kids watch a screen the more inactive they become and the more likely they are to eat fatty and sugary foods," says Mission-On spokesperson Deb Hurdle.

Upball is a ball game which you play with a beach ball or similar. The goal is to keep the ball from touching the ground. Players can use any part of their body.

SPARC (Sport & Recreation New Zealand) is the lead agency for this Mission-On initiative, and is working with Regional Sports Trusts and a number of decile one schools to distribute half of the Upballs and complimentary game books to children.

Upball is being promoted through a television and radio campaign throughout April and May.



Nation-wide Movement Launched to Get Singaporeans to Enjoy Sports in All Ways

set change and encourage everyone in Singapore to be involved in sports, in all ways, at all times, simply because they enjoy it. It supports various initiatives to promote a sporting culture. The 'Let's Play' brand aims to trigger the emotions of all Singaporeans to increase their interest to participate in sports for a variety of reasons, because "sports energises life through its diverse offer of enjoyable moments and shared experiences".

'Let's Play' was launched by Mr Teo Ser Luck, Senior Parliamentary Secretary for Ministry of Community Development, Youth and Sports (MCYS) and Transport (MOT) at Suntec City today. Mr Teo said, "While sports participation rates are at an all time high (48% in 2005), research conducted by SSC's brand consultants showed that people in Singapore participate in sports mostly for health and fitness. Many gave feedback that there is an immense untapped opportunity for people to enjoy the emotional benefits of sports. There is also opportunity for enjoying sports in more ways than one. Instead of just playing a sport, one can also watch, cheer, spectate and volunteer. The simple proposition for Let's Play is 'sports energises life through its diverse offering of enjoyable moments and shared experiences'."

In support of the 'Let's Play' movement, the SSC will rollout initiatives to make it easier, more accessible and fun to be involved in sports in more ways.

One Stop Local Sports Portal to Facilitate Play and Entertain

A one stop, integrated portal for the local sports scene ? www.singaporesports.sg has been launched to facilitate play and provide entertainment. The portal will make it easy for people to find out what sports events are happening in town, where to play sports and book sports facilities online, how to play sports, who to play sports with, where to find other online sports communities and have funall in one convenient online location.

For a start, the portal will feature eight sports and provide a platform for the local sports community to meet, exchange ideas and learn from one another. It will also include updated information on ways the general public can participate in sports, whether it is through major events, community initiatives or at Sports Recreation Centres (SRCs). They will be able to view delayed broadcasts for certain sports tournaments, blog, subscribe to newsletters, get sports news articles and even find a sports "kaki" on the new portal. More sports will be added at a later date.

Enhanced Sports Education Programme to Promote More Opportunities for Play in Schools

The SSC introduced the Sports Education Programme (SEP) in primary schools to junior colleges in April 2007, to encourage sports participation in schools and increase sporting opportunities for the young. The programme was recently enhanced to include two new categories - Sports Development and Sports Leagues. The Sports Leagues category provides opportunities for schools to organise intra-school competitions (e.g. inter-class competitions) that take place over a prolonged period of time, where participating teams have the opportunity to play each other (e.g. weekly or twice a week etc) in the chosen sporting activity. This latest change will provide more play opportunities for every child, in support of one of the recommendations in the Sporting Culture Committee Report.



SSC Sports Facilities to Take on a Fun Look, More Fields Open for Play

Singaporeans can also expect a more fun and lively look at the SSC's sports facilities. Starting first with SSC's Woodlands, Choa Chu Kang, Jurong West, Tampines and Hougang SRCs by June 2008 and the rest of SSC's facilities by March 2009.

To make play more accessible, the SSC has been working with its sister agencies to open up fields for public use. To date, there are 120 school fields, which are opened to the public for sports and recreational use, during weekends. This is an increase of 70 school fields from 2007. Moving forward, even more fields will be opened up to the public for their use.

Fun publicity initiatives to increase the public's awareness of 'Let's Play'

In order to communicate the 'Let's Play' movement to everyone in Singapore, the SSC will be embarking on a publicity initiative starting with a television commercial and advertisements in newspapers from 7 May 2008 onwards. There will be even a contest at Orchard MRT where the public has to guess the sports featured. In addition, roadshows will be held at different venues around Singapore to entice the public to participate in sports. More details on this will be available on www.singaporesports.sg

About 'Let's Play'

'Let's Play' is a nation-wide movement by the Singapore Sports Council to encourage everyone in Singapore to involved in sports, in all ways, at all times, simply because they enjoy it. Be it playing, watching, cheering, spectating, volunteering, the 'Let's Play' movement seeks to "Energise life through sports' diverse offer of enjoyable moments and shared experiences."



Singapore Sports Council's roadshow at Raffles Place to encourage everyone to be involved in sports such as putting skills at miniature golf stations.

Over 1,200 Turn Up for Olympic Day Run at the Doha's Aspire Zone

T N support of the Olympic movement, an Olympic Day Run was held at the Doha's Aspire Zone.

A large number of participants, their families and friends turned up for the annual event, organised by the Qatar Olympics Committee and sponsored by McDonald's Restaurant.

June 23 is celebrated around the world as the Olympic Day Run to offer support to the Olympics, while this was the 11th consecutive year QOC had organised such a rally.

"The run has always been held ahead of June because of weather constraints. Encouragingly, the crowd and participants seem to be increasing every year," said QOC official, Hamad al-Hammadi.

More than 1,200 participants took part in this year's run. They were divided in various categories such as 6-9 years, 10-16 years, 17-27 years, 27-39 years, above 39, 12-16 years (girls), above 16 years (girls).

Junior participants had a total distance ranging from 1-2km, while seniors competed for the medals during a 3km run around the sports complex.

The winners received cash awards by QOC, while McDonald's - also the official restaurant for Beijing 2008 Olympics - gave away medals, gift vouchers, mobiles and other items.

An official of McDonald's said: "This is the 5th consecutive year that we have partnered with QOC. Our relationship with the sports body goes much beyond sponsoring of this event."

The restaurant distributed shirts and caps to all the participants while games and three McDonald's characters entertained the kids and the families at the venue.









S wing, also called Dang Qiuqian, is a popular traditional sport in China, especially enjoyed by Chinese Korean girls. It is the only women's event in the National Traditional Games of Ethnic Minorities of the People's Republic of China.

w ood Ball is a traditional sport evolved from "Da Lanzi" and "Gan Maoqiu" performed by the youth of Hui ethnic minority group. It fully demonstrates the outstanding individual skills and the perfect unison of the team as well.





W ushu is a set of defense and attack skills, consisting of Ti (kicking), Da (punching), Shuai (throwing), Na (controlling), Ji (hitting), Ci (thrusting), etc. Based on some principles, Wushu can be viewed in terms of two categories, Taolu (Forms with or without Weapons) and Duikang (Free Sparring).





Guniang Zhui (Girls Chase) is an on-horse game liked by Kazak ethnic minority group and Kirgiz ethnic minority group. It is generally held in the gathering to celebrate great harvest or wedding.

any ethnic groups in the southern China, such as Zhuang, Miao, Dai, Bai, Tujia, and so on, have the custom of Dragon Boat Racing for the Dragon Boat Festival. In Dragon Boat Race, the boat is propelled forward by many paddlers who use a single-bladed paddle each.





S huttlecock is evolved from "Shoujian", a popular traditional sport among Dong, Miao, Shui ethnic minority groups. It is a combination of badminton venue, volleyball rules and football skills.





















ASFAA CHRONOLOGY

1994	Feb .21	The 4th Board Meeting	Busan/Korea
	Nov. 7-12	The 3rd ASFAA Congress	Langkawi/Malaysia
	Nov. 8	The 5th Board Meeting	
	Nov. 12	The 4th General Assembly	
1995	Jun. 25-30	*The 14th TAFISA Congress	Natanya/Israel
	Jun. 25	The 6th Board Meeting	
	Jun. 29	The 5th General Assembly	
	Jun. 29	The 7th Board Meeting	
1996	Apr. 22	The 8th Board Meeting	Seoul/Korea
	Dec. 10	The 2nd World Festival of Traditional Sports & Games	Bangkok/Thailand
	Dec. 11	The 9th Board Meeting	
	Dec. 12	The 6th General Assembly	
		(The 4th ASFAA Congress Scientific Symposium)	
1997	Nov. 15-20	*The 15th TAFISA Congress	Penang/Malaysia
	Nov. 18	The 10th Board Meeting	
	Nov. 19	The 7th General Assembly	
1998	Dec. 7-11	The 5th ASFAA Congress	Dandenong/Australia
		The 11th TAFISA Game Festival	
	Dec. 8	The 11th Board Meeting	
	Dec. 9	The 8th General Assembly	
1999	Nov. 20-25	*The 16th TAFISA Congress	Limassol/Cyprus
	Nov. 22	The 12th & 13th Board Meeting	
	Nov. 24	The 9th General Assembly	
2000	Jul. 11-14	The 6th ASFAA Congress	Busan/Korea
	Jul. 12	The 14th Board Meeting	
	Jul. 13	The 10th General Assembly	
2001	Oct. 27-31	*The 17th TAFISA Congress	Cape Town/South Africa
	0ct. 28	The 15th Board Meeting	
	Oct. 29	The 11th General Assembly	
2002	Sep. 8-12	The 7th ASFAA Congress	Beijing/China
	Sep. 9	The 16th Board Meeting	
	Sep. 9	The 12th General Assembly	
2003	Sep. 29-0ct. 2	*The 18th TAFISA Congress	Munich/Germany
	Sep. 28	The 17th Board Meeting	
	Sep. 28	The 13th General Assembly	Be a le (Blatter)
	Dec. 6-9	The 18th Board Meeting	Manila/Philippines
2004	Sep. 3-7	The 8th ASFAA Congress	Taipei/Chinese Taipei
	Sep. 6	The 19th Board Meeting	
0005	Sep. 6	The 14th General Assembly	-
2005	Mar. 30-Apr. 2	The 20th Board Meeting	Busan/Korea
	Sep. 15-20	*The 19th TAFISA Congress	Warsaw/Poland
	Sep. 18	The 21st Board Meeting The 15th General Assembly	
0000	Sep. 18	•	Dungan (Manag
2006	Mar. 11-15 Mar. 11-15	TAFISA Busan Conference The 22nd ASEAA Board Mosting	Busan/Korea
	Mar. 11-15 Nov. 25-28	The 22nd ASFAA Board Meeting The 9th ASFAA Sport for All Congress	Manila /Philinnings
	Nov. 25-28 Nov. 28	The 9th ASFAA Sport for All Congress 16th General Assembly	Manila/Philippines
	Nov. 28	23rd Board Meeting	
2007		24th Board Meeting	Puence Aires / Argentine
2007	Sep. 25 Sep. 26	17th General Assembly	Buenos Aires/Argentina
	36p. 20	Trui doneiai Assembly	

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